

You! The Spiritual Giant

Mark Rich

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In You! The Spiritual Giant, Mark Rich reveals a simple plan for empowering your ability to live from a place of guidance and stronger belief in every area of your life. Learn how to change any of your negative emotions to positive ones quickly and easily, anytime, anyplace. Understand how to use your inner guidance and create consistent, reproducible, positive results with it. To create a life of ease and pleasure, you will learn time tested skills that will help you to act on those feelings you discount as being unimportant. (You know, the ones that you often talk yourself out of, and then regret doing it later!) Ultimately, you will gain a broader understanding of your psychology to make your life more fun as well as produce greater belief and faith.



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Paul Steinbach:

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Gretchen Clark:

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