



So What, Next Pitch!: How To Play Your Best When It Means The Most (Masters of the Mental Game)

CM, Brian Cain MS

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#1 Best-Selling Author, Brian Cain gives you the second book in the Masters of The Mental Game series with So What, Next Pitch! How to play your best, when it means the most. One of the world's most sought after coaches and speakers, Cain gives you the fundamentals of mental conditioning that will help you to unlock your potential. Cain has interviewed top coaches like Hall of Fame Wrestling Coach Dan Gable, One of College Baseball's premiere coaches in Dave Serrano, Justin Dehmer a high school baseball coach who won 87 straight games, Patrick Murphy the National Championship winning softball coach from The University of Alabama and one of the mental games greatest legends in Harvey Dorfman. So What, Next Pitch WILL: Give you a system for playing the game one pitch at a time Take you inside some of the best minds in the game of baseball Show you how to deal with failure both on the field and in life Serve as your map on the journey to mental toughness Unlock your potential and give you the mental keys to success

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Todd Voss:

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Robin Norfleet:

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