



Obesity: Evaluation and Treatment Essentials, Second Edition

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Addressing a growing epidemic in today's world, this book presents practical treatment protocols for the management of obesity. It explores exercise, pharmacology, behavior modification, and dietary factors from the point of view of the practicing physician, a multidisciplinary team of clinicians, and researchers. This comprehensive resource is an invaluable, user-friendly tool for physicians and surgeons, endocrinologists, diabetologists, and nutritionists. The fully-updated new edition adds a new chapter on binge eating disorders and a new appendix containing a portion of the American Society of Bariatric Physicians' *Algorithm for the Treatment of Obesity*.



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