



Understanding Abnormal Psychology: Clinical and Biological Perspectives

Pamilla Ramsden

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This textbook presents a thorough understanding of abnormal psychology for undergraduate students with a focus on the integration of psychology, biology and health. It goes beyond a descriptive overview of clinical disorders to provide a critical appreciation of the multifaceted aspects of mental illness. Each disorder is clearly and succinctly explained with the support of case studies. The bridge between the biological elements of brain functioning and the psychological mechanisms that are responsible for coping and adjustment is thoroughly explored.

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