



Give Food a Chance: A New View on Childhood Eating Disorders

Julie O'Toole

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Drawing on more than a decade's experience as director of The Kartini Clinic, Julie O'Toole offers a fresh perspective on childhood eating disorders and invaluable insights for parents and professionals.

Describing the foundational philosophy behind The Kartini Clinic's proven and world-renowned treatment protocol, O'Toole presents compelling evidence that childhood eating disorders have a neurological rather than a psycho-social basis, and explains what this means for treatment. She describes clearly what patients and families can expect from treatment, signs and symptoms indicating the need for hospitalization, and advice on how to recognise a relapse. The book also includes clear descriptions of The Kartini Clinic's ground-breaking Meal Plan and approach to 'capping' weight gain.

Give Food a Chance is an invaluable resource that will give parents and professionals everywhere the information, encouragement, and support they need to deal with this often misunderstood disorder.

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