



Girl, Get Your Money Straight: A Sister's Guide to Healing Your Bank Account and Funding Your Dreams in 7 Simple Steps

Glinda Bridgforth

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If you're tired of feeling powerless over your finances and are ready to start funding your dreams, then come on girl—it's time to get your money straight! Author and financial expert Glinda Bridgforth knows that healthy money management is rarely just about dollars—it's about getting to the root of why we spend what we do and recognizing the emotional and cultural issues that play out in our unhealthy financial habits. *Girl, Get Your Money Straight!* presents her seven-step program for holistic financial healing—an upbeat, empowering road map that you can use to identify your heart's desires, break away from negative spending patterns, pay off outstanding debts, develop a spending plan, conquer the checkbook blues, and create new wealth. Filled with Bridgforth's warmhearted wisdom and advice, and complete with worksheets exercises, affirmations, and inspiring stories of African American women who have found financial peace of mind, *Girl, Get Your Money Straight!* is a fresh, fun, and eminently practical guide to healing your bank account and building a life that you love.

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