

Dying, Death and Grief: Working with Adult Bereavement

Brenda Mallon

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Dying, Death and Grief is written for anyone who provides support to adults following bereavement. The author explains the theoretical background to attachment and loss and the core skills needed to support people who have been bereaved. Case studies and personal accounts are included to illustrate key points and exercises are provided to help you examine your own experiences and attitudes in relation to loss. The book also takes into account topics that are frequently overlooked in other texts such as sexuality, spiritual responses to loss, cultural influences and diversity, as well as the nature of chronic and disenfranchised grief.



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