



Impaired: A Nurse's Story of Addiction and Recovery

Patricia Holloran

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On June 28, 1996, Patricia Holloran's life changed forever when Drug Control confronted her for the theft of narcotics from the hospital where she worked. So begins a journey that will change everything about what she knows about herself and the world of addiction. As a nurse in a labor and delivery unit, Holloran was working full time on the night shift and taking care of her three children, her husband, and her severely disabled father. She started to take Stadol, a narcotic ten times stronger than morphine, to help her sleep. She kept taking it because she could not stop. Putting a face on addiction and recovery, and the taboo subject of healthcare worker abuse, *Impaired* takes readers on Holloran's journey to fight for her sobriety, her nursing license, her marriage, and ultimately, to help other nurses and healthcare workers who suffer from addiction.

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