



Know what You Want:" How to Discover your interests and find yourself, where you want to be"

Denise R. Carlson

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YOU CAN BE WHO YOU WANT TO BE along with **BEING WHO YOU ARE**

This guide is about listening to *your* heart's wish and **taking steps towards being who you want to be**.

The first section reminds one of how important it is to be who *you* want to be and declares that age is not a barrier to that.

The second section encourages one to understand hisher **personality traits** and mentions which **personality type** is best suited for which jobs.

The third section lists out the various career and vocational job options there are.

The fourth section urges one towards action. It talks about **decisions** regarding jobs, colleges and competitive examinations. It also has a note for people who want to switch jobs.

Last but not the least it advises that being somebody you want to be is not an impossible mission.

This note is specifically for people who are in jobs that they are satisfied with and still want to do something else alongside or are in jobs that they are not so satisfied with but need them nevertheless. Sometimes there are certain things that we want to do such as gardening, painting, singing, dancing, skating, and playing a particular sport. If we want to be gardeners, singers, dancers, players, we need to realize that being these alongside a job is not such a big deal. It is just about some **effective time management**. There are people who work on their **passions** on weekends or after work if they are back home in time. Others yet, who are more serious try to get their bosses to agree to an arrangement which gives them weekdays off and thus time to pursue whatever they want to.

It is this simple that if you really in your heart want to be somebody you will find a way to be that somebody and in that process you will find a happier you. Make that extra effort, go out of your way if your heart so desires. As Max DePree said, "We cannot become what we need to be by remaining what we are".

So **go that extra mile and find your destination** - A new you the one you always wanted to be.

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