



Disease Prevention and Treatment, 4th Edition

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The public too often hears about a new life-saving therapy, only to be told that the treatment won't be available for many years. The Life Extension Foundation is proud to release the fourth edition of Disease Prevention and Treatment. This significantly expanded fourth edition provides 1,535 pages of concise information about therapies that are documented in the scientific literature, but are not routinely incorporated into clinical medical practice. Many of the recommendations in this latest edition of Disease Prevention and Treatment provide "inside" information about what innovative physicians are doing to prevent and treat the degenerative diseases of aging. Disease Prevention and Treatment contains novel information that the general public and their doctors are largely unaware of. A few examples of the kind of unique information contained in this book include:

- A drug that is 92% effective in preventing the flu in people who have been exposed to influenza.
- A simple head positioning technique that resolves vertigo symptoms in 50% of cases.
- Proven methods to reduce prescription drug side effects while saving big dollars on your drug purchases.
- A nutrient that suppresses excess insulin production, resulting in reduced carbohydrate craving and subsequent body fat reduction.
- The devastating role that chronic inflammation plays in degenerative disease and novel methods of suppressing the inflammatory cascade.
- A simple blood test that predicts your risk of developing type II diabetes four years ahead of time.
- Hormone imbalances that cause mental depression and how you can correct these.
- FDA-approved drugs that fight cancer, but are over-looked by most oncologists.
- Novel methods to treat either constipation-or diarrhea type irritable bowel syndrome.
- Steps you can take right now to dramatically reduce stroke risk.
- Eight critical steps to controlling or curing cancer that are not routinely used in conventional oncology practice.
- The missing link that causes fibromyalgia patients to endure chronic pain.
- The most effective drug to alleviate the miseries of insomnia.
- Why anti-hypertensive drugs often fail to adequately control high blood pressure and how the dose can be adjusted to make them work better.
- The only therapy shown to slow the progression of Parkinson's disease (by 44%) over a 16-month study period.
- A nutritional protocol for autistic children that parents said doubled improvement in just eight weeks.
- A European drug that protects against glaucoma-induced optic nerve damage.
- A French drug that lowers infections associated with chronic bronchitis by 60%.
- Precautions one should take when supplementing with DHEA.
- Safer estrogen replacement drugs to relieve menopausal miseries.
- An OTC drug that can knock out herpes outbreaks within 24 to 48 hours. This drug also shortens the duration of shingles (herpes zoster attacks).
- A superior method for treating acute heart attack (blocked coronary arteries) than currently used clot-dissolving therapies (such as tPA).
- Why hepatitis C treatment fails so often and a simple step that can be taken to circumvent this impediment.
- In-depth protocols to treat the leading types of cancer including prostate, breast and colon.
- A common hormone deficiency that contributes to age-associated mental impairment and congestive heart failure.

The protocols discussed in this book are documented by thousands of published studies from internationally recognized scientific journals. Despite this bountiful evidence, the medical establishment largely ignores many of the therapies recommended in this book. The leading cause of death and disability today is ignorance about scientific approaches to prevent and treat degenerative disease. The novel information contained in Disease Prevention and Treatment could literally save

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Colleen Harman:

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Jessica Harris:

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