



138,336 Feet to Pure Bliss: What I Learned about Life, Women (and Running) in My First 100 Marathons

Dane Rauschenberg

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Dane Rauschenberg made his mark on the running world as the man who ran 52 marathons in 52 consecutive weekends. As an extreme athlete who has also run a 202-mile relay solo and completed a 350-mile run up the coast of Oregon, he doesn't just know running, he has explored it to the deepest reaches of its mental, physical and emotional boundaries. In 138,336 Feet to Pure Bliss, Dane chronicles his first 100 marathons and details some of the premiere races in marathon history, all while sharing knowledge he gained about life, women and running. Along the way, he charts the highs and lows, the successes and failures, in a voice that blends wisdom, humor and heart. All told, Dane shows pure bliss is discovered one stride at a time.

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