



# **Dance a While: A Handbook for Folk, Square, Contra, and Social Dance, Tenth Edition**

*Anne M. Pittman, Marlys S. Waller, Cathy L. Dark*

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The Tenth Edition of *Dance a While* continues the 65-year legacy of a textbook that has proven to be the standard of all recreational dance resources. The authors have poured decades of experience and knowledge onto its pages, providing a wealth of direction on American, square, contra, international, and social dance.

Each chapter is packed with expertly written instruction, coupled with clear and detailed diagrams and informative history, to provide students with well-rounded training on over 260 individual dances. The book also contains a music CD to allow for convenience when practicing outside of the classroom, helping to make it an invaluable resource for students of dance at all levels.

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